Living an extremely social life, humans are involved with widely various activities which are not necessarily enjoyable, so apart from my opinion the sentence absolutely makes sense. This range of activities which are to be done unpleasingly not only covers some of our selective tasks but also some inevitable ones.

First and foremost, we exist and we should obey the existential condition of our being, by which I mean, human beings are obliged to follow some inquiries of life. Survival activities, taking as an example, can be cited at the top of this list. Trying to remain alive to even contemplate on this topic, we all should breathe or eat, like it or not. As far as I am concerned, a considerable portion of time in human life is dedicated to these types of tasks, one-third of it to sleep for instance. Of course, it would be better if we could ignore it sometimes. Simply put, I do not revel of spending one third of my life in bed or even two hours a day before the dining tables but I have to do so.

Generally, there is no way out of it for human beings inasmuch as lots of the other types of our activities are somehow an effort to meet those basic needs related to our existential conditions. By this other type, I mean selective activities which are ostensibly optional and creative. However, they are mainly about the first category, as I mentioned, like daily invented methods of fast cooking or working hard in order to just making make money or even to be concerned about the loss of trees and degradation the Ozone layer or trying to be nice with to every single unsociable member of your respective society. Suffice it to say, we should sometimes do things that we enjoy itthem!

In a nutshell, people are inevitably doing things that they do not enjoy. Pessimistically, barely can we find an opportunity enabling us to be truthfully free to choose and feel the deep sense of pleasure of it. Optimistically, life itself is the opportunity. In any case, there are jobs that are to be done incontrovertibly; of course, we can try to minimize this demanding condition.